

JOB DESCRIPTION – KAIHAUORA

Position Title: Kaihauora

Location: 65 Queen Street

Kahungunu Executive ki Te Wairoa Charitable Trust

("Kahungunu Executive")

Reports To: Team Coordinator – Oranga Tinana

General Manager

Co-ordinates With: Oranga Tinana Team

Health Team

Oranga Hinengaro Team He Korowai Aroha Team Business Services Team Nga Kohanga Reo

Schools

Community Service Providers
Other Service Agencies

Whānau Members and representatives

Kahungunu Executive's Vision Statement:

Te Oranganui o Nga Whānau o Te Wairoa.

Kahungunu Executive Mission Statement:

Delivering health, social services, Oranga Hinengaro and housing services that achieve whānau aspirations.

Kahungunu Executive Whakatauki:

Ko te Amorangi ki mua, Ko te hāpai o ki muri.

Kahungunu Executive Values:

Tika, pono, aroha – true, honest and compassion. This relates to being fair and honest when dealing with whānau and being respectful of their views and needs.

Manaakitanga – hospitality, kindness and support. This relates to showing respect, generosity and care for whānau.

Raranga – weave. This relates to collaboration with whānau, agencies and funders.

Rangatiratanga – ownership and autonomy. This relates to acknowledging the mana and autonomy of clients and that they stand independently.

Hiranga – excellence, importance and significance. This relates to providing the best quality support and assistance to whanau.

Master copy: QMS 008 Approved by: Date: 21/11/2024

PRIMARY PURPOSE OF THE POSITION

The Kaihauora will provide nutrition, counselling and education, workforce support, training, health Promotion, community gardening programmes, physical wellbeing programmes and where identified specific responses for Tamariki, Rangatahi, Pakeke and Kaumatua.

Delivery will be based on the foundation of matauranga Maori, te reo me nga tikanga-a-Ngati Kahungunu and indigenous populations.

ACHIEVEMENT AREA	KEY TASKS	EXPECTED OUTCOMES	PERFORMANCE OUTPUT
Service Delivery	Nutrition counselling and education with a focus on diabetes, heart health, oral health, respiratory, cancer support, malnutrition and gut health.	Connect with whanau to deliver nutrition counseling and education.	Better awareness and understanding to selfmanage health and wellbeing. Increased knowledge in nutrition. More confidence to self-manage health and wellbeing.
			Motivation to live healthy lifestyles.
	Workforce support, education and training for	Provide education and advice to support community teams and	Increased knowledge in nutrition.
	community teams. Point of contact, support and advice to seek education or	whanau to deliver healthy kai 'tips and tricks' to whanau and include lifestyle	Increased social connections in the community.
	support for their clients or delivering healthy kai education.	discussions	More motivated to attend programmes for social connection.
			Motivation to live healthy lifestyles.

Master copy: QMS 008
Approved by:
Date: 21/11/2024

ACHIEVEMENT AREA	KEY TASKS	EXPECTED OUTCOMES	PERFORMANCE OUTPUT
	Health Promotion utilizing initiatives to reach target population and deliver health messages.	Utilise social media platforms to promote health lifestyles and increase knowledge of good nutrition. Share from other health platforms on to the KE web page and also make our own video content, Facebook post utilizing community champions.	Increased social connections in the community. Motivation to live healthy lifestyles. Increased knowledge and skills in Tikanga Maori Practice.
		Deliver a health related event that brings the community / whanau / iwi / hapu together.	
	Community gardening programmes.	Deliver maara kai programmes for Wairoa based whanau.	Increased knowledge and skills in Tikanga Maori Practice.
		Provide education and resources to support whanau to learn about preparation of Maara, utilization of the Maramataka and maintenance, harvesting of vegetables and fruit.	Increased knowledge in nutrition. Increased social connections in the community. More motivation to
			attend programmes for social connection. Motivation to live healthy lifestyles.

ACHIEVEMENT AREA	KEY TASKS	EXPECTED OUTCOMES	PERFORMANCE OUTPUT
	Physical wellbeing programmes.	Strengthen and connect with Te Kohanga Reo (TKR) and Schools throughout the rohe to	Increased knowledge and skills in Tikanga Maori Practice.
		deliver physical activity including Kaupapa Maori programmes eg. ki-o-	Increased physical activity.
		rahi, poi whenu and mau taiaha.	Increased social connections in the community.
		Deliver population health promotion activities that focus on increasing physical activity including using	More motivated to attend programmes for social connection.
		natural resources available.	Motivation to live healthy lifestyles.
		Establish relationships with local organizations and work collaboratively to provide wellbeing programmes.	
		Deliver programmes for Wairoa based Kaumatua and support activities at Kaumatua Day.	
	Support for tamariki and rangatahi to encourage nutrition in		Increased knowledge in nutrition.
	order to retain independence.	provide them with health promotion educational resources, messages and material	Increased knowledge and skills in Tikanga Maori Practice.
		about nutrition.	Motivation to live healthy lifestyles.
	Documentation of group sessions on Whanau Tahi.	A record of group sessions on Whanau Tahi within 24 hours of the session.	Accurate information updated. Hardcopy information recorded and filed.

Kahungunu Executive ki Te Wairoa Charitable Trust

Person Specification

Position: Kaihauora – Oranga Tinana

Pre-requisites for the position:

- Relevant qualification / experience in health or health promotion.
- Knowledge and experience in working with Whanau, Marae, Hapu and Iwi development.
- Excellent interpersonal skills, ability to liaise with a wide range of people and cultures.
- Excellent organisational skills, ability to cope with changing priorities and environment.
- Good time management skills.
- A commitment to the Treaty of Waitangi and Tikanga Maori.
- Sound written and verbal community skills.
- Current clean full drivers licence.
- Police vetting with no history that would require exemption.
- A willingness to undertake professional development / training relevant to the position.

Desirable:

- Proficient in Te Reo me ona Tikanga
- Knowledge of Te Whare Tapa Wha Maori model of health

Personal Attributes:

- A high level of motivation and initiative.
- A passion to support individuals / whanau to achieve their aspirations.
- Ability to work appropriately with different cultures.
- The ability to work through conflict resolutions.
- Able to prioritise and set realistic goals and timeframes.
- Ability to maintain confidentiality.

Master copy: QMS 008 Approved by: Date: 21/11/2024